Parental Roles Chart

Activity	Mother	Father
Attended prenatal medical visits		
Attended prenatal class		
Took time off work after child born		
Got up with child for nighttime feedings		
Got up with child when sick at night		
Bathed child		
Helped child brush and floss teeth		
Cleaned child's bathroom, bedroom, and bedding		
Put child to sleep/bedtime rituals		
Woke child up in morning		
Put child down for naps		
Changed diapers/potty-trained child		
Helped child dress		
Combed/brushed/styled child's hair		
Cut/filed child's nails		
Planned, prepared, and fed meals to child		
Drove child to play dates		
Washed child's laundry		
Helped child learn numbers, letters, or colors		
Read to child		
Took child to museum/culture-related events		
Took child to library		
Helped child with arts and crafts projects		
Provided child with educational activities at home		
Helped child with practice for music, dance lessons, sports		

Parental Roles Chart (Continued)

Activity	Mother	Father
Took time off for child's appointments		
Stayed home from work with sick child		
Scheduled child's appointments		
Took child to doctor visits		
Went to pharmacy for child's medication		
Administered child's medication		
Administered first aid for child's minor injuries (cuts or stings)		
Called child's health-care providers		
Applied child's sunscreen/bug repellent		
Enforced child wearing bicycle helmet		
Took child to therapy		
Took child to optometrist/dentist		
Purchased clothing for child		
Purchased school supplies for child		
Purchased food for child's meals and snacks		
Packed child's lunches		
Taught child how to cook		
Transported child to school		
Picked up child after school		
Drove carpool for child's school		
Went to child's school activities		
Home-schooled child		
Helped child with homework and projects		
Offered explanations to child		
Attended parent-teacher conferences		
Helped in child's classroom		
Chaperoned child's school trips and activities		

Parental Roles Chart (Continued)

Activity	Mother	Father
Arranged child's after-school care		
Transported child to day care		
Communicated with day care providers		
Transported child from day care		
Attended day care activities		
Signed child up for sports, dance, music		
Attended school functions		
Transported child to sports, dance, music		
Attended sports, dance, music practices		
Attended sports games, dance, music recitals		
Coached child's sports		
Transported child from sports, dance, music		
Transported child to driver's education		
Knows child's friends and friends' families		
Took child to religious education		
Obtained information and training about special needs of child		
Comforted child		
Participated in child's interest		
Nurtured child's self-esteem		
Set and enforced rules and limits		
Gave advice and talked to child		
Assisted child with pet care		
Bought and organized child's toys		
Planned child's parties		
Attended family vacations		
Played games with child		
Played sports with child		

Parental Roles Chart (Continued)

Activity	Mother	Father
Supervised child and friends at home		
Watched TV/DVDs with child		

8.8 If I am awarded shared physical placement, what are some examples of how the parenting might be shared?

In the event both parties have placement of ninety-two overnights or more, placement is considered shared. Although placement is generally awarded based on overnights, equivalent care is also considered. An example of equivalent care would be a parent who works third shift, but cares for the children each day.

In 50/50 shared placement arrangements, many parents follow a 2-2-5 schedule, or a variation thereof, where one parent has the children for two weekdays, the other parent has the children for the following two weekdays, and then the parties alternate weekends from Friday to Monday morning. Below is an example placement chart to demonstrate the 2-2-5 schedule.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1	Mother	Mother	Father	Father	Mother	Mother	Mother
Week 2	Mother	Mother	Father	Father	Father	Father	Father

Another example illustrates a 9-5 schedule, which is sometimes flip-flopped during the summer so the schedule becomes 5-9 to the opposite parent.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1	Father	Father	Mother	Father	Mother	Mother	Mother
Week 2	Father	Father	Mother	Father	Father	Father	Father

Parents can negotiate any type of schedule that works for them and the minor children. Sometimes the schedule is nothing more than an agreement to work together on a substantially 50/50 basis, leaving the actual dates and times flexible, based on the minor children's schedule and extracurricular activities. If the children are old enough, some parents prefer to have a one-week-on, one-week-off parenting schedule. Each family presents a different set of facts and circumstances to